

OSHA TRAINING

FIRST AID / CPR & AED

Based on the 2015 International Consensus Guidelines for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiac Care (ECC), Standard First Aid, CPR, and AED, Seventh Edition is ideal for use within training courses designed to certify individuals in first aid, CPR, and AED. More than a stand-alone text, this student manual is the center of an integrated teaching and learning system that offers many resources to better support instructors and prepare students.

This manual includes:

- Coverage of the 2015 CPR and ECC Guidelines: Clear, concise direction on how to perform CPR and use an AED during an emergency
- Current information on injuries and illnesses: Core information for first aiders presented in a clear and straightforward format
- New and updated content on the use of hemostatic dressings, application of tourniquets, administering epinephrine, dental care, and more

Topics Covered:

- Chapter 1 Introduction
- Chapter 2 Before Helping, Take the Appropriate Actions
- Chapter 3 Injury Emergencies
- Chapter 4 Sudden Illness
- Chapter 5 Environmental Emergencies
- Chapter 6 CPR and AED
- Chapter 7 Emergency Rescues, Moves, and Priorities

DCB 2134 S 2/8 9am-1pm KSU \$120

OSHA 30 CONSTRUCTION INDUSTRY

The OSHA 30-hour Construction Industry Outreach Training course is a comprehensive safety program designed for anyone involved in the construction industry. Specifically devised for safety directors, foremen, and field supervisors; the program provides complete information on OSHA compliance issues. Additional \$8 for OSHA cards.

DCB 2301 T 4/14-5/12 5-10pm KSU \$525

OSHA 10 CONSTRUCTION INDUSTRY

The OSHA 10 Hour Construction Industry Outreach Training Program is intended to provide an entry level construction worker's general awareness on recognizing and preventing hazards on a construction site. Additional \$8 for OSHA cards.

DCB 2302 S 4/18 & 25 8am-2pm KSU \$265

HAZARD COMMUNICATIONS / GHS

The OSHA Hazard Communication Standard is designed to protect employees from hazardous chemicals used or stored in the work setting. Also referred to as Right To Know, it requires that training and information be provided to any employees who have the potential of being exposed to a hazardous chemical "under normal condition of use or in a foreseeable emergency." HazCom training requires the presence of hazardous chemicals be communicated to employees in a variety of ways, including:

- The hazardous chemical inventory
- Material Safety Data Sheets (MSDS) / Safety Data Sheets (SDS)
- Labels, tags or signs
- The written hazard communication program
- Hazard classification
- Labeling and marking
- Safety Data Sheets (SDS)

DCB 2298 R 4/23 5-8pm KSU \$95

LOCKOUT / TAGOUT

Lockout/Tagout (LOTO) are the practices and procedures that help protect employees from the unexpected startup of machinery and equipment or the release of hazardous energy during service or maintenance activities. The procedure is required under OSHA regulations when employees service or maintain machines where the unexpected start-up, energization, or the release of stored energy could cause injury.

DCB 2300 T 5/12 6-9pm KSU \$95

SEXUAL HARASSMENT / WORKPLACE VIOLENCE

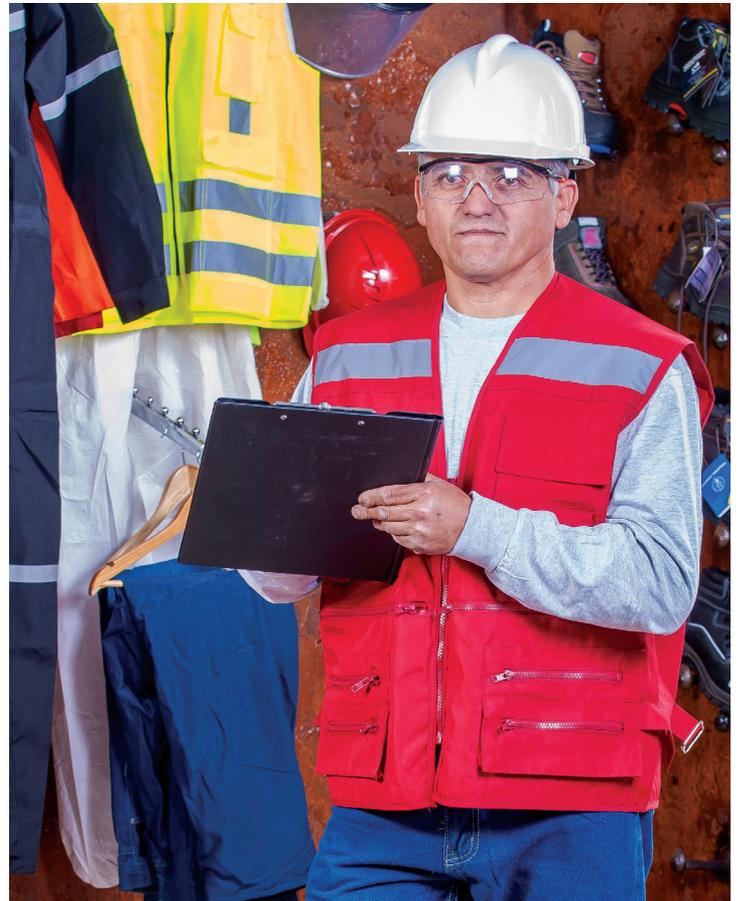
Effective Oct. 9, New York employers must establish an annual sexual-harassment training program, and the first training must be completed by Oct. 9, 2019. The following topics will be explained. Detailed information concerning federal, state and local laws and the remedies available to victims of harassment. An explanation of employees' external rights of redress and the available administrative and judicial forums for bringing complaints. An explanation of sexual harassment and specific examples of inappropriate conduct.

DCB 2297 S 5/30 2-5pm KSU \$95

CONFINED SPACE AWARENESS

Confined spaces, no matter how common in construction and general industries, are inherently hazardous and not meant for continuous occupancy. To fully understand the health and safety risks of entering and working in confined spaces, workers are required to take confined space entry training in compliance with OSHA requirements.

DCB 2299 T 6/9 6-9pm KSU \$95



M - MONDAY • T - TUESDAY • W - WEDNESDAY • R - THURSDAY • F - FRIDAY • S - SATURDAY • U - SUNDAY