

# PROFESSIONAL EDUCATION

## CERTIFIED PERSONAL TRAINER COURSE INFORMATION SESSION

Join us and meet our outstanding instructor to learn exactly what the Fitness Industry has to offer you and your career goals. This 1-hour information session will share everything from financial aid, textbook, online supplemental tools and more!



Go from a fitness enthusiast to a fitness leader in your community. Sign up today for our FREE orientation while seats are still available. Registration is required.

DCB 2181-01 W 1/16 5:30-6:30pm KSU FREE

## SU PERSONAL TRAINER ONLINE WEBINAR

Want to learn more about the Personal Trainer Certification Course? Join a live webinar and talk with a veteran instructor about the course and industry. Cannot make the date and time? Register anyway and we will send you a recording once it is complete.

REGISTER FOR: LIVE YOUR PASSION, BECOME A PERSONAL TRAINER!

W 2/6 2pm <http://tinyurl.com/orientation-feb19>

W 3/6 2pm <http://tinyurl.com/orientation-march19>

## CERTIFIED PERSONAL TRAINER

The W.I.T.S. Certified Personal Trainer is NCCA Accredited.

Get all the important information needed to start an exciting successful fitness career and become a Certified Personal Trainer. This personal trainer course is a great way to prepare and become a successful in the field you love. W.I.T.S. has an option to complete an employer internship that can assist you in getting a job! This challenging course is for candidates wanting online instruction with **in-depth, hands-on practical labs** to master the career skills and knowledge. This hybrid version is where the lectures are online and the labs are still offered LIVE so you can master the skills. The 15 hours of online instruction includes key topics like biomechanics, exercise physiology, fitness testing, equipment usage and health assessments to game plan a solid program for your client. The best part is the 15 hours of hands-on practical training labs with role playing drills on assessing clients, programming, performing proper exercises, presentation skills and more. Included in this course is a complete 200 page color student workbook, access to online student study tools and FREE test vouchers to take the Certified Personal Trainer exams. You can work right after passing the exams with proof of CPR/AED to obtain your **Level 1 Certified Personal Trainer**. As a special bonus, you can take advantage of our 30-hour employer internship to get our advanced Level 2 Certified Personal Trainer credential at no additional cost!! For additional information call W.I.T.S. 888-330-9487. Prerequisite: high school diploma.

Required Textbook: 7<sup>th</sup> edition of the *Fitness Professional's Handbook* with web resources (ISBN-13: 9781492523376) approx. \$100, available in e-book.

DCB 2126-01 S 2/23-3/23 \$679

Final Exam S 3/30 9-11am

ONLINE & noon-3 pm at YMCA, 507 Broadway, Kingston

## UB GETTING PAID TO TALK: VOICEOVERS AS A PROFESSION

Do people compliment you on your voice? Have you ever thought about using it to make money? This class will introduce you to the growing field of voice over, where you can get paid to record everything from audio books and cartoons to documentaries, commercials, and more. You will learn what the pros look for, how to prepare, and where to find work in your region. You will also hear samples from working voice professionals, and have the opportunity to read a short, professional script under the direction of our instructor. This class is a fun, realistic presentation, and a great way to learn about the business of voice acting. Attendance is limited to ensure a quality class experience, so sign up today.

For more information visit: [www.voicecoaches.com/gppt](http://www.voicecoaches.com/gppt)

PG106-0225CT	M	2/25	6:30-9pm	CT	\$41
PG106-0424CT	W	4/24	6:30-9pm	CT	\$41
PG106-0611CT	T	6/11	6:30-9pm	CT	\$41

## CREATIVE ARTS THERAPY CERTIFICATE

The Creative Arts Therapy Certificate Program is a 75-hour training designed for licensed mental health, social service, human services, and educational practitioners interested in professional development in creative arts therapy. The program offers a systematic approach to the design and facilitation of expressive arts methods and their utilization within the context of these multiple helping professions.

All session will meet at the Creative Art Therapy Studio, located at 635 Broadway, 2nd Floor, Ste 220, Kingston, NY

Instructor: L. Barbera, PhD, Licensed Creative Arts Therapist.

## INFORMATION SESSION

HM118-G0112CT	S	1/12	9am-12:00pm	CAT	\$60
HM118-G0209CT	S	2/9	9am-3:00pm	CAT	\$120
HM118-G0309CT	S	3/9	9am-3:00pm	CAT	\$120
HM118-G0413CT	S	4/13	9am-3:00pm	CAT	\$120
HM118-G0504CT	S	5/4	9am-3:00pm	CAT	\$120
HM118-G0601CT	S	6/1	9am-3:00pm	CAT	\$120
HM118-G0713CT	S	7/13	9am-3:00pm	CAT	\$120
HM118-G0817CT	S	8/17	9am-3:00pm	CAT	\$120
HM118-G0914CT	S	9/14	9am-3:00pm	CAT	\$120
HM118-G1005CT	S	10/5	9am-3:00pm	CAT	\$120
HM118-G1102CT	S	11/2	9am-3:00pm	CAT	\$120
HM118-G1207CT	S	12/7	9am-3:00pm	CAT	\$120
HM118-G0111CT	S	1/11	9am-3:00pm	CAT	\$120

## NEW!

CU's are now available to Social Workers and Licensed Mental Health Professionals upon completion of 60 program hours beginning 03/09/19 and ending 03/07/20.